

A HANDS-ON GUIDE FOR CLINICIANS

Download and try Nuna to learn firsthand how it helps patients manage their health on a daily basis.

GETTING STARTED

- 1 Download the Nuna app**
Visit nuna.com/download and create an account - it's free!
- 2 Tell Nuna About Your Health**
Select all conditions from the list during registration to see the full app experience.
- 3 From the task list, "claim your free blood pressure monitor".**
Experience Nuna's effortless cuff connection. It works right out of the box! The patient takes a blood pressure and it appears in the app.

TRY THESE KEY APP EXPERIENCES

BUILDING habits: small steps that STICK start a journey to health impacts

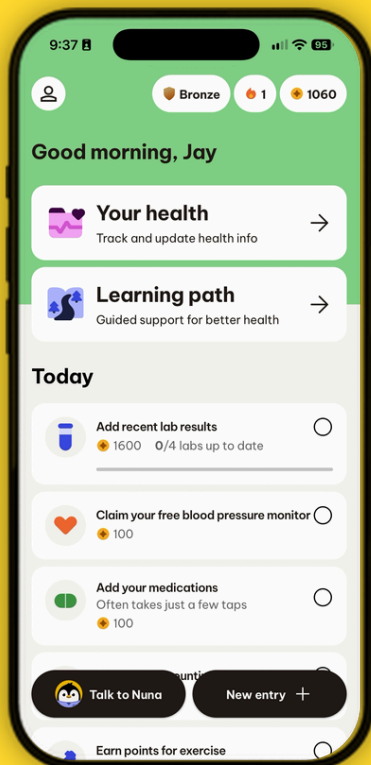
Tap "Your health" and "Get started" under Health habits. Try a suggested habit or create your own!

Answering the questions you can't get to- and shouldn't have to!

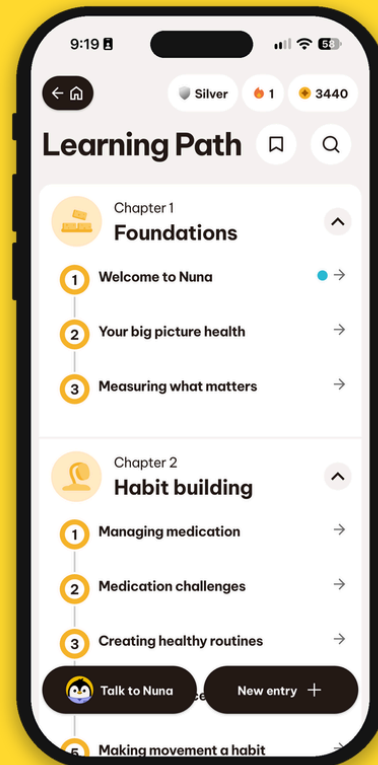
Find "Talk to Nuna" on the home screen to open an AI chat. Non-medical conversations about lifestyle choices.

Personalized food guidance: what's happening on the plate in front of me

Tap "New entry +", tap "Food", tap "Take a photo". Directional feedback on your food choices.



A daily to-do list that keeps you on track between visits, med reminders and more.



Nuna's learning path connects their care to their life with quick easy reads that build understanding.



Take 5 minutes and try it yourself
nuna.com/download

- Resources for trying it with your patients? Visit nuna.com/clinicians
- Want your staff to get patients started in under 5 minutes? Jay · jay@nuna.com
- Clinical questions? Randy Bak, MD · randybak@nuna.com

