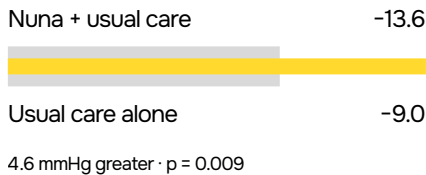


Clinical Evidence: AI-Enabled Mobile App Improves Blood Pressure Outcomes

BLOOD PRESSURE

13.6 mmHg

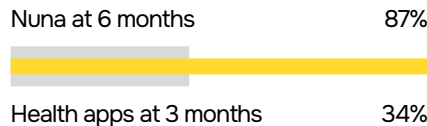
Mean systolic drop in uncontrolled stage 2.



RETENTION

87%

Were still using Nuna at six months.



ENGAGEMENT

75%

Used it at least weekly at six months.



Also Observed Within the Nuna arm.

6 in 10
Began uncontrolled and reached control by six months.

2.5× Odds
Higher odds of BP control among patients using Nuna weekly (95% CI 1.28–5.10).

HOW IT WORKS

Your recommendation gets a patient started. Nuna supports the everyday decisions your care plan depends on.

- At no cost to you or your patients
- Scalable to the whole panel
- Nothing to install, nothing added to your day

10 seconds in clinic. 10% cardiovascular risk reduction at home.[†]

Recommend Nuna at your next visit.

5x5

Patients are 5.5x more likely to enroll when recommended directly by their physician.

Read the study



doi.org/10.1007/s11606-026-10684-0

Learn more



www.nuna.com/clinicians/

A physician's view

“

As a primary care physician, I've struggled at times to get patients to care about their blood pressure.

Nuna changed that. It gives patients a simple tool to build healthy habits at home. I've seen it help patients stay engaged with their blood pressure between visits.

David Ansell, MD

Rush University System for Health · Senior Vice President for Community Health Equity, Rush University Medical Center

Your recommendation gets them started

Questions? Learn more at nuna.com/clinicians or reach us at hello@nuna.com

Read the full announcement at nuna.com/press